



# Health & Wellness FAIR



**10am-1pm**  
**The Temple of Restoration**  
**515 Dean Street, Brooklyn NY**

**Saturday February 7, 2015**  
Call for more info: 718-757-0954 or 718-622-4821  
**OPEN TO THE PUBLIC**

**Seminar**  
**Giveaways**

**Screenings**  
**Door Prizes**

### SCREENINGS

- Cholesterol
- Glucose
- Blood Pressure
- Memory and Cognition
- HIV/AIDS
- Hepatitis

\*All screenings are free, confidential and will be performed by AMPHS professionals and partners.

### HEALTHY LIFESTYLE

- Mammograms
- Nutrition Counseling
- Body Mass Index Assessments (height and weight)
- Visual Acuity Examinations

### INFORMATION

- Live Seminar on "Strategies to Manage Blood Pressure"
- Health Insurance
- Affordable Care Act

Sponsored by:



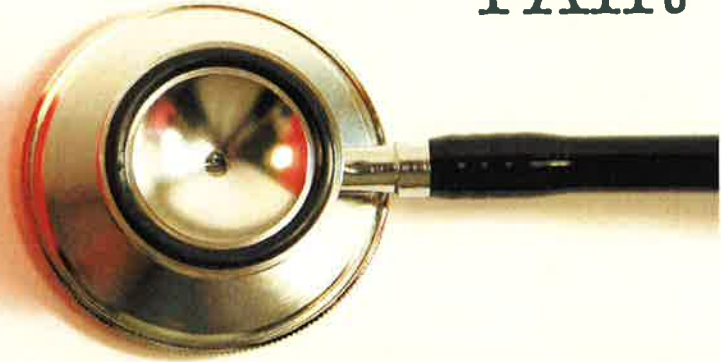
**Academy of Medical & Public Health Services**

### About AMPHS

Academy of Medical & Public Health Services is a not-for-profit organization dedicated to advancing the healthcare of communities across the nation and around the world.



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## **IMPORTANT INFORMATION**

We hope that you will be able to participate in the upcoming **free** health and wellness fair! We wanted to share some important information about the plans for the day.

### **SCREENINGS**

Blood Pressure • Body Mass Index Assessments • Cholesterol • Glucose  
Vision • HIV/AIDS • Hepatitis • Mammograms

There will be several health clinical stations and counselors on-site for the screenings. The screenings will be conducted by healthcare professionals from Academy of Medical & Public Health Services, New York Presbyterian Hospital, Brooklyn Hospital Center, Interfaith Medical Center and Project Renewal.

**Vision-** If your vision examination shows that prescription lenses are needed, you will receive a referral for a free follow-up comprehensive examination for prescription lenses with New York Presbyterian Hospital.

**Mammograms-** Mammograms will be conducted by appointment. Mammogram appointments will last 30 minutes. Please call 1-800-564-6868 if you would like to schedule an appointment in advance. Walk-in appointments will be available on event day, subject to availability.

### **INFORMATION**

Nutrition Counseling • Health Insurance • Affordable Care Act • First Aid and CPR Demos

### **SEMINARS**

- Live Seminar on "Strategies to Manage Blood Pressure" at 11:00am
- Live Seminar on "Managing Diabetes" at 12:00pm

Other participating organizations: The New York City Department of Health and Mental Hygiene, Affinity Health Plans, Alzheimer's Association, New York Life Insurance Company, Senior Whole Health, Turning Point, Lighthouse Guild and more!